



Penobscot Valley Senior College
499 Broadway PMB #274
Bangor, ME 04401
Cell phone: 207-659-1359
Email: pvsctmaine@gmail.com
Website: penobscotvalleyseniorcollege.org

PVSC Courses FALL 2023

Fall 2023 Course Term:

- Courses are four-five-or six weeks long and most begin the week of September 25, 2023
- Each course is \$30.00 per person attending.
- Two (2) Outdoor courses
- Six (6) in-person courses held in classrooms
- Three (3) Zoom courses with recordings

Membership:

- Membership dues are still \$25 for individuals and \$40 for two people at the same address. If you do not have a 2022-2023 current membership, which ends on December 31, 2023, you will first register for membership, then enroll for a course. PVSC, like most organizations, depends on yearly membership dues to offer great courses.
- Several One-Day Presentations are included free during Nov./Dec. 2023 and Jan. 2024 with your current 2023 membership.

Registration:

- Online and mailed registration begins on August 19, 2023. Mailed information to members who do not have or use emails, are sent out before the website opens so that they have the same chance of course availability.
- **Online registration closes two days before each course begins.**
- **If you are mailing your registration form and check, please send before September 16th.** We recommend if the course has limited participants, that you call 207-659-1359 to say you are mailing your registration so that a seat can be saved for you.
- If you have been reminded that you have credit on your account, be sure to deduct that amount from your total owed online by choosing your credit first. If mailing in, just deduct the credit from your total. You may email pvsctmaine@gmail.com if you are uncertain if you have a credit.
- Members of other Senior Colleges will be informed when registration opens for the other colleges. Call, or email, give your name, email address, phone number and name of your college so our membership fee can first be cleared before you register online or mail it in.

WHEREVER YOU ARE-WE'VE ALWAYS GOT A ZOOM COURSE AVAILABLE FOR YOU!

How to Register:

- Register online on the secure website with your username (most likely your email address), and password. If you have trouble, email or call Sheila Krautkremer.
- If you prefer to mail a check, include the registration form with your payment made out to PVSC. If you are concerned about mail delays, you can email us at our email address: pvscmaine@gmail.com. List the date it was mailed, and the course(s) you wish to take if it has a limited course size.
- You must have an email account to take a Zoom course, so please indicate your preferred email where you want the Zoom links sent. All receipts and information are sent from the PVSC website, not the pvsc email. Be sure to check your junk or spam email folders if you don't receive a receipt in your inbox, especially if you've recently done updates to your browsers.

Zoom Information

For all Zoom courses, the link will be emailed two days prior to the first class meeting, and a reminder email from the website on the morning of each class. Please make sure you have received the email with the Zoom link before the class starts, not the day of the first class! If you have not received the Zoom link two days prior to the class start, notify Sheila K. ASAP to get help.

- Any instructor handouts will be emailed to you as soon as they are received.
- Instructors are provided with their class roster, and some instructors will email their class members directly once the course has started. If so, the instructor will notify you.
- Zoom class sessions will be recorded and available for two weeks for only those members who are registered for the course.

In-Person and Field Trip Information:

- *PVSC will comply with Covid/masking policies of each location where we hold in-person courses and events.*
- An Assumption of Risk/Disclaimer form must be signed once a year and is kept on file for any courses that involve field trips and/or carpooling.
- Handouts will either be provided at each class, or emailed when the instructor provides them.

Members of other Maine Senior Colleges:

- Members of other Maine Senior Colleges may email Sheila at pvscmaine@gmail.com with your name, mailing address, email, phone number and your Senior College so the PVSC membership fee can be adjusted. You will then be able to register online, or mail in the form with a check without paying for the membership. Any courses with maximum participants, first choice is given to PVSC members.

Don't Wait! Register now!

If you aren't able to take a course at this time, we'd love to have you join or re-join with membership, which continues through Dec. 31st, or register for your 2024 membership. AND we are always looking for volunteers to share their knowledge by teaching a course, or an hour presentation, by joining a committee, or by becoming a future PVSC Board Member. We thank you for your continued support.

PENOBSCOT VALLEY SENIOR COLLEGE

FALL 2023 COURSE LIST

Mondays	10:00-12:00	Italian Regional Cooking	4-week In-Person	Maximum: 8
Mondays	1:30-3:30	Seniors Walking Strong	5-week Outdoor	Maximum: 12
Tuesdays	10:00-12:00	A Deep Dive into Conrad's <i>Nostromo</i>	6-week In-Person	Maximum: 18
Tuesdays	1:30-3:30	Book Bans and Beyond	4-week Zoom	Maximum: 25
Wednesdays	10:00-12:00	Beginner Mahjongg	4-week In-Person	Maximum: 8
Wednesdays	10:00-12:00	Freedom of the Press: The First Amendment and Social Media	6-week In-Person	Maximum: 30
Wednesdays	1:00-3:30	The Wildlands: Habitats from the North Gate, Orland, ME	5-week Outdoor	Maximum: 20
Thursdays	10:00-12:00	Deaf Culture: Bridging the Divide	5-week Zoom	Maximum: 25
Thursdays	10:00-12:00	Intermediate – Advanced Bridge	6-week In-Person	Maximum: 12
Thursdays	1:30-3:30	Soli or Dirt? The Nature and Properties of Soil	6-week In-Person	Maximum: 30
Thursdays	4:00-6:00	The Wonderful World of Fungi	5-week Zoom + 1 Field Trip week 5	Maximum: 20

Outdoor Courses

MONDAY AFTERNOON

1:30-3:30

A 5-week Outdoor Health/Wellness

***Sept. 18, 25, Oct. 2, 9, 16**

Minimum 6 Maximum 12

Seniors Walking Strong

Meet at each week's location

There's an old saying, that if you want to go fast, go alone. If you want to go far, go together! The physical part of a walk stimulates the growth of new brain cells, protecting your cognitive skills, and the socializing while you walk is just as important. According to research on seniors, socializing with people who are not your close family results in greater feelings of belonging and increased happiness. And so when you socialize while walking you get twice the brain/body happiness health benefits!

Join Paula and Sheila for PVSC's Health and Wellness 5-week course which will offer a variety of walks in the greater Bangor area on Mondays at 1:30, beginning **September 18th** (one week before the other classes begin.) All walks will be fairly easy, and not overly long. We'll have stops along the way to chat about what we've noticed, sip some water, as well as a chance to occasionally include some simple exercises and stretches to prevent post-exercise soreness. We'll meet for our first walk at the Ecotat Gardens and Trails in Hermon. Wear good walking shoes, and dress for the weather. Directions and suggestions for each walk will be emailed two days before the week's gathering. Once we have our class list, we'll inform you in case you may wish to carpool.

September 18th -	Ecotat Gardens and Trails, 25 Annis Rd, Hermon
September 25th -	Walden Parke Preserve, end of Tamarack Trail, Bangor
October 2nd -	Reeds Brook Middle School Trail, Hampden
October 9th -	Bangor and Brewer River Walks
October 16th -	Bangor City Forest Deer Trail and the Orono Bog Boardwalk

Instructors: Sheila Krautkremer and Paul Moore

Sheila, a retired educator, is the Administrative Coordinator (Part-time) for PVSC.

She is also a fitness instructor at the Bangor Region YMCA for classes focused on Seniors, and she has taken many courses herself, to help her develop activities to assist seniors maintain their health and wellness. Sheila is an expert at adapting exercises in her Y group exercise classes so that anyone, regardless of fitness level, can participate.

Paula, a retired educator, is an enthusiastic PVSC course participant and a member of the PVSC Curriculum Committee. Paula can gently convince anyone to be a volunteer instructor for PVSC.

Paula also chairs a Women's Health and Wellness group, and she focuses on recruiting instructors for PVSC who offer classes on active aging and well-being.

WEDNESDAY AFTERNOON

1:00 - 3:30

5-week In-person Outdoor

Sept. 27, Oct. 4, 11, 18, 25, (Rain Date Nov. 1)

Minimum 5, Maximum 20

The Wildlands: Habitats from the North Gate, Orland, ME

Detailed directions will be emailed to registered attendees



Exploring specific habitats with specialists and stewards, who have expertise and individual affinities with their areas in the Wildlands, is a course that is an appetizer for more learning. Held outdoors and concentrated within the Great Pond Mountain Conservation Trust, there will be tailgate presentations, short walks, and targeted examinations of habitat locations. Several of the five sessions will be an expansion of the details of the beautiful interpretive trail signs on the Valley Road.

Broadly described, the five Wednesday sessions (1:00-3:30 pm) include:

Session 1- Sept. 27: Trees and Ferns of the Wildlands with Nick and Alice Noyes

Session 2 - Oct. 4: The Miniature World of Mosses and Lichens with Nick and Alice Noyes

Session 3 - Oct. 11: The Wildlands through Maps with Jane Crosen

Session 4 and 5 - Oct. 18 and Oct. 25: Tending the Northern Forest: The Importance of Silviculture for Sustainability and Stability with Roger Greene

A rain date is included after our crazy June rainy weather, but the hope is for crispy Fall air, cleansing breezes, and enlightening experiences. Walking shoes, and possibly light rainwear, and be prepared to walk an easy one to two miles. A folding chair for the lecture times may be helpful.

Directions: Meet at the North Gate of the Wildlands (GPMCT) on Bald Mountain Road in North Orland. The North Gate is just 0.2 miles west on Bald Mountain Road from Winkumpough Rd. or 2.8 miles from the Mast Hill Rd. Watch for the Wildlands sign. Refer to the Maine Atlas and Gazetteer. p. 23.

Week by Week Schedule and Instructors:

Session 1, Sept. 27: Trees and Ferns of the Wildlands

In this session, we will learn about the variety of tree and fern species in the Wildlands, along the Valley Road and in a large meadow. These two habitats demonstrate the evolving landscape of the Wildlands from a cut over landscape to a forest managed for future generations, prioritizing wildlife habitat over income.

Presenters: Nick and Alice Noyes

Nick and Alice are both recent graduates of the Maine Master Naturalist Program and, partnering with others, have developed a series of interpretive nature signs along the Valley Road of the GPMCT Wildlands, and at Taft Point in Gouldsboro.

Session 2, Oct. 5: Mosses and Lichens

Explore the magical miniature world of mosses and lichens and learn how these pioneer species were among the first living things on earth. Our coastal climate and rocky conifer forests provide a lush environment for observing mosses and lichens. On this easy one-mile walk, we'll find several species, discuss their growth and reproductive habits, and how to identify them based on their structure and habitat.

Presenters: Nick and Alice Noyes (see Session 1 for their background.)

Session 3, Oct. 12: The Wildlands Through Maps

Our adventures in the Wildlands begin by looking at Orland's landscape as shown on different types of maps, each with its own story to tell. Beginning with a tailgate presentation, we'll see details of Orland's geological history on surficial and bedrock geology maps. Putting these together with topographical, watershed, and habitat maps, we'll see the bigger picture of landscape patterns in Orland and environs, along with intriguing details inviting exploration. Then, shifting from bird's-eye to profile view and back, we'll go on a brief tour along the Valley Road, visiting several landscape features depicted on the various maps.

Presenters: Jane Crosen and Jennifer Riefler

Jane is a longtime member of GPMCT, who helped lay out hiking trails with the Paths and Stewardship committees. As Jane Crosen, "Mapmaker", she has created hand-drawn maps showing the Wildlands and Orland, along with many other coastal and lake regions throughout Maine.

Jennifer retired from teaching Science at Mount Desert Island in 2016. She is deeply involved in many aspects of GPMCT. Changing ecosystems and forest health are of prime importance and interest to her. Her favorite two trees are yellow birch and hemlock.

Session 4 and 5, Oct. 18 and 25: Tending the Northern Forest: The Importance of Silviculture sustainability and stability.

These sessions cover both the "big picture" (Session 5) and "tree-level" (Session 6) approaches to the management of the Great Pond Mountain Conservation Trust's nearly 5,000 acres of heavily cut-over woodland. Culminating in the demonstration and application of practices designed to allow the forest to meet biological and ownership goals, these sessions will acquaint the participants with multiple aspects of forest management leading to a better understanding of practical principles that can be applied on one's own "woodland" from backyards to hundreds of acres.

Presenter: Roger Greene

Roger has been a consulting forester for over 50 years, and is a specialist in forest mensuration and biometrics, silviculture, remote sensing, and forest planning. He currently manages the nearly 5,000 acres of The Wildlands - Great Pond Mountain Conservation Trust. He is the author of 23 scientific publications and one book, *In the Company of Trees: The Empirical Forest*, 2021.

Helpful material:

Forest Trees of Maine. Pub. 2008 by the Maine Forest Service. This ringbound 6" x 9" book has 78 species, with colored photos, rand maps and descriptions, all printed on glossy water-resistant paper. Order directly from the Maine Forest Service for \$15 at this link:

https://www.maine.gov/dacf/mfs/publications/handbooks_guides/forest_trees/index.html.

In the Company of Trees: The Empirical Forest, 2021. Roger Greene

Bookstacks in Bucksport carries both of these books.

PVSC: Learning for the Fun of It!

In-Person Courses

MONDAY MORNING

10:00 - 12:00

4-week In-Person Hands-on

Italian Regional Cooking

This course was originally to be offered in Spring 2020, so we are thrilled that we can finally offer it now! The course will cover 4 different regions of Italy. Students are welcome to assist and/or observe preparation of a variety of antipasto, pasta, main and dessert dishes. Students may enjoy the fruits of their efforts with the class. Special consideration will be given to items and techniques that are easy for seniors to prepare and suitable for smaller or larger portions. Written recipes will be provided.

NOTE: There will be a "shopping list" charge of \$20.00 per person (i.e., \$5.00 a class) to enable Debe and Linda to purchase the foods for these lessons, payable at the first class.

Sept. 25, Oct. 2, 9, 16

Minimum 6, Maximum 8

Church of Universal Fellowship

52 Main St. Orono

Instructors: Debe Averill and Linda Doherty

Debe began cooking with her grandmother at about 8 years of age. She has been teaching Italian cooking and catering for over 15 years and is a former owner and chef at Next Door Cafe in Orono. She has been Director of the Orono Public Library and Media Specialist at Bangor High School. She recently returned from a 13-day Italy trip.

Linda has been cooking professionally for more than 50 years. She is a master gardener and volunteers with the Orono Community Garden and AARP. She was Head Cook at the Assisted Living Center in Bucksport, cook at the Deck House, donut maker in Welles and caterer at the Bangor Conference Center.

TUESDAY MORNING

10:00 – 12:00

6-week In-Person Literature

A Deep Dive into Conrad's *Nostramo*

Nostramo, by Joseph Conrad is universally reckoned to be his greatest novel; it's also unpopular because of its density and complicated structure. Like *Bleak House*, a long and complicated novel which exposed England's legal morass and the underclass that suffered unnoticed, Conrad's *Nostramo* explores American imperialism, colonialism, and the consequences for Latin America. The silver mine at the heart of *Nostramo* wreaks havoc on the country of Costaguana, as real today as Chile or Guatemala. It's hard to believe it was published in 1904. *Nostramo* is divided into sections which we will read one at a time after an introductory session; our fifth meeting will allow us all to discuss the whole novel, and we'll end with a look at the critical interpretations *Nostramo* has generated since its publication.

The Broadview Press paperback edition, available on Amzon.com, is recommended because it uses the pagination of the original edition and includes all kinds of relevant material. *Nostramo* is also available for Kindle.

Instructor: Ruth Nadelhaft

Ruth, born and educated in NYC, and later attended graduate school at the U of Wisconsin, Madison. After moving to Maine with her husband, she also taught at UMaine, at the Bangor Community College, and became the Honors Director. She taught the first and only course designed for women returning to higher education teaching early version of Women in Literature. A new scholarship was integrated by and about women in the curriculum.

Sept. 26, Oct. 3, 10, 17, 24, 31

Minimum: 8 Maximum: 18

UMA-Bangor Eastport Hall Room 135

WEDNESDAY MORNING

10:00 – 12:00
6-week In-person Current events

Sept. 27, Oct. 4, 11, 18, 25, Nov. 1
Minimum 15, Maximum 30

Freedom of the Press: the Amendment and Social Media

UMA-Bangor Eastport Hall Room 135

The course will explore the origin of the First Amendment and the press freedoms embedded in the Bill of Rights. What does the First Amendment protect and what is unprotected? What role has the media played in our society and how has that role changed over time? Has the proliferation of cable news networks and social media impacted legal and societal norms? How does the law of defamation work?

The course will explore these issues using in key court decisions, both in Maine and nationally, that have shaped the evolving landscape. Mr. Kubetz will call upon his personal experience representing media organizations ranging from Maine newspapers and television networks to national media outlets like NBC, as well as having litigated against Fox News. The in-person format will encourage lively discussion.

Readings will be distributed by the instructor to prepare for upcoming classes.

Instructor: Bernard (Berney) Kubetz

Bernard (Berney), who very recently retired, practiced law as a trial attorney for 50 years in Maine and New England. In his career, he focused on First Amendment law, the media defamation, and privacy and access to public records. Berney has represented media clients including Maine newspaper and state and national television networks. He has also litigated against Fox News.

10:00 – 12:00
4-week In-Person Games



Sept. 27, Oct. 4, 11, 18
Minimum 4, Maximum 8

Beginner Mahjongg

Dirigo Pines, 9 Alumni Dr, Orono
Garden Room

Mahjong is a four person Chinese tile game of skill, strategy and luck, similar to the card game rummy. The tiles have three suits: bamboo, dots, and cracks. Other tiles include dragons, winds, flowers, and jokers (wild cards). Each session will begin with the beginner lesson, so learners are able to review what they learned the preceding week. Each lesson includes: an introduction to the tiles, an explanation of the card, practice, and a chance to play the game in a relaxed environment. All materials are provided.

Information about play dates and times will be provided to learners who wish to continue after this class is completed.

Instructors: Susan McCallum and Brenda Willis

Susan is a retired teacher from Hampden who has taught French, Spanish, English, ballroom dance and now mahjong. She is married with a daughter and two grandchildren and enjoys playing pickleball and duplicate bridge. She loves dogs!

Brenda is a retired middle school teacher from Brewer. She is married with two children and four grandchildren and is active in Literacy Volunteers and Penobscot County Retired Educators Association. She loves games of all kinds, and loves cats!

COOKIES, CAMARADERIE AND CORN HOLE! Please send an email to Ann Torrey anntorrey2005@yahoo.com if you plan to attend the September gathering and annual meeting held at Camp Pierce Webber on Wednesday, September 13, 2023, so we can plan for enough refreshments. More information coming soon.

THURSDAY MORNING

10:00 – 12:00
6-week In Person Games

Sept. 28, Oct. 5, 12, 19, 26, Nov. 2
Minimum 4, Maximum 12

Intermediate - Advanced Bridge

Elks Club, 108 Odlin Road, Bangor

Although this is a course for players with some experience, it will begin with a brief review of previous basic lessons. Then students will learn advanced and duplicate bridge techniques through lectures and practice. The course is intended to stimulate our minds while we have fun in a congenial atmosphere.



The course will meet Thursday mornings at the Elks Club on 108 Odlin Road in Bangor (convenient access from Hammond Street exit off I-95) so that those who wish may remain to play with the Dirigo Bridge Club, which meets there in the afternoon.

We are thrilled that Van Raymond was willing to volunteer to teach Bridge, when Lorraine Taylor informed us she would be moving out of state, and could no longer teach for PVSC.

Instructor: N.Van Raymond

Van is certified as a bridge instructor by the American Contract Bridge League. He is also a Life Master and has been a bridge player for 60 years. Van is also a former teacher, counselor and business owner. (And if the instructor's name sounds familiar to long-time area residents, it's the same Van Raymond who owned Van Raymond Outfitters on Rte. 15 in South Brewer for many years.)

THURSDAY AFTERNOON

1:30 – 3:30
6-week In-person Science

Sept. 28, Oct. 5, 12, 19, 26, Nov. 2
Minimum 10, Maximum 30

Soil or Dirt?-The Plot Thickens!
The Nature and Properties of Soil

UMA-Bangor Eastport Hall Room 135
Classes may be recorded

Those of you who caught Mike's presentation on his trek on the Great Himalaya Trail in Nepal, know that he always has interesting information to share. Mike's fall course will provide an introduction to soil formation, soil morphology and classification, soil survey as a land use planning tool, the use of soils for landscape interpretation and archaeology, and provide a broad overview of the nature and variety of soils around the world.

To add a bit of humor, someone once said, "Soil is what we work with, dirt is what we get under our fingernails when working in the garden."

Instructor: Michael Timpson

Mike is a PhD soil scientist with 40 years' experience in academics and environmental consulting. His research included the mineralogy and geochemistry of salt-affected soils; the genesis and characteristics of soils formed in late glacial sediments in Greece; remediation of Uranium-contaminated soils; geoarchaeology in North America and Europe; and the use of soils and geology information for the permitting and construction of large, linear, energy infrastructure projects across the US.

Zoom Courses

TUESDAY AFTERNOON

1:30 – 3:30
4-week Zoom

Sept. 26, Oct. 3, 10, 17
Minimum 5, Maximum 25

Book Bans and Beyond

Zoom with recording

Book bans are in the news, now--but what does that phrase mean? It turns out--it's complicated! This 4-week Zoom course will place the details of book bans in a historical context. Free people read freely, and this course can help you learn about the history of "intellectual freedom." Beyond that, we will discuss current practices that help libraries promote the freedom to read, the tactics and strategies of book banning organizations, and the futuristic challenges for intellectual freedom already afoot in the United States.

All texts will be provided to students as links or PDFs; no required textbooks.

Each week's class is recorded and available for two weeks for all members who are registered for the course.

Instructor: Ben Treat

Ben has been the director of the Bangor Public Library since 2018. His previous workplaces included the University of Maine at Augusta, Franklin Pierce University, and Boston Public Library. Ben and his wife, Anne-Marie, reside in Bangor; they have three children.

Ben once answered a telephone reference call in which a person asked, "My buddy tells me there are unicorns in the Bible, and I don't believe it." The answer may surprise you!

THURSDAY MORNING

10:00 - 12:00
5-week Zoom

Sept. 28, Oct. 5, 12, 19, 26,
Minimum 5 Maximum 25

Bridging the Divide Between the Deaf and Hearing Communities: Culture, Intersectionality and Allyship

Zoom with recording

The Deaf population is no longer being relegated to the sidelines as new and powerful advocacy has changed the perceptions of the hearing world of the Deaf and their enormous capabilities. Many recently available adaptations, services and creative programs have reduced the gap between the hearing world and Deaf world. Deaf culture is a living, vibrant world and participants will experience its many facets. Becoming familiar with this culture will expand participants' awareness of the environment we all share.

The course will be in the form of lectures, classroom discussion, sharing of experiences and experiential exercises and guest presenters.

NOTE: Though it is very tempting to start reading and watching movies and videos, this could interrupt the structure of learning about Deaf culture. Please do the reading and watching in the sequence Paula will share at the first class.

Assigned books:

Mask of Benevolence by Harlan Lane (Paperback is \$14 on Amazon with the possibility of hardcover. Also check public library copies to borrow through Minerva and MaineCat.)

Assigned viewing:

Through Deaf Eyes - PBS

Deaf in the Military - TED talk/Keith Nolan

Crip Camp - produced by M & B Obama (Netflix)

Paula will give information on how to access during first class.

Suggested books:

Deaf Utopia by Nyle Dimarco

Hands of My Father, Far From the Tree by Andrew Solomon (Chapter on Deaf Culture)

Suggested viewing:

1 or more episodes of "Switched at Birth", CODA

Each week's class is recorded and available for two weeks for all members who are registered for the course.

Instructor: Paula Matlins

Paula is the director of non-traditional communication and Deaf services at Mobius Incorporated. She is a part-time sign language interpreter who works in a variety of settings including video relay services. Paula graduated from the University of Maine with her MS in Human Development, holds her interpreting licensure in Maine and was in BRLI's graduating class of 2017. Paula has taught at Husson University and Bangor High Adult Education. As the mother of two children, she is involved in community wide events and the PTO.

THURSDAY LATE AFTERNOON

4:00 - 6:00

4-week Zoom + Field Trip

2:00 – 5:00 Field Trip

Sept. 28, Oct. 5, 12, 19

Minimum 10 Maximum 20

Oct. 26

The Wonderful World of Fungi

Zoom plus 1 Field Trip

After such great reviews from Seanna's previous course, we are excited to have her return to volunteer to teach again. The first four weeks of the course will be held on Zoom and involve lectures and activities examining the following topics: what are fungi, degraders and fungi in food, fungal pathogens, mycorrhizal fungi, lichens, and poisonous and edible fungi.

Week 5 will include a foray at Bangor City Forest, Bangor, ME on October 26 from 2:00 pm to 5:00 pm (held earlier due to sunset time).

Instructor: Seanna Annis

Seanna Annis, PhD. has taught mycology (the study of fungi) at University of Maine for 20 years and has been fascinated with fungi for over 30 years. She has led fungal forays around Bangor and introduced many people to the wonders of fungi.

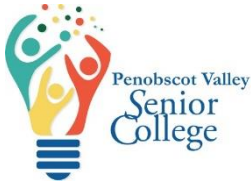
Her research program at University of Maine studies the fungal pathogens of Maine wild blueberries. She also collaborates with researchers studying fungi that attack insects and degrade animal feed and foods.

COOKIES, CAMARADERIE AND CORN HOLE! Please send an email to Ann Torrey

anntorrey2005@yahoo.com

if you plan to attend the September gathering and annual meeting held at Camp Pierce Webber

Wednesday, September 13, 2023, so we can plan for enough refreshments. More information coming soon.



PVSC FALL 2023 COURSES REGISTRATION FORM

Online Registration ENDS 2 days before start of each course
***Send mailed registrations prior to September 16th in case of delays**

PVSC 499 Broadway PMB #274 Bangor, ME 04401
Most classes start the week of Monday September 25, 2023

Each course is \$30, for each 2022-2023 household member or MSCN member.

\$ _____ *PVSC Membership \$25 individual Jan. 1 - Dec. 31, 2023*

\$ _____ *PVSC Membership for \$40 two people at the same address Jan. 1 - Dec. 31, 2023*

\$ _____ **Italian Regional Cooking (In-person) Mon. 10:00 – 12:00 (4 weeks, Limit 8)**

\$ _____ **Senior Walking Strong (Outdoor) Mon. 1:30 - 3:30 PM (5 weeks, Limit 12)**

\$ _____ **Conrad’s *Nostramo* (In-person) Tues. 10:00-12:00 (6 weeks, Limit 18)**

\$ _____ **Book Bans and Beyond (Zoom) Tues. 1:30-3:30 PM (4 weeks, Limit 25)**

\$ _____ **Beginner Mahjongg (In-person) Wed. 10:00 – 12:00 (4 weeks, Limit 8)**

\$ _____ **Freedom of the Press (In-person) Wed. 10:00-12:00 (6 weeks, Limit 30)**

\$ _____ **The Wildlands (Outdoor) Wed. 1:00-3:30 PM (5 weeks, Limit 20)**

\$ _____ **Deaf Culture (Zoom) Thurs. 10:00-12:00 (5 weeks, Limit 25)**

\$ _____ **Intermediate Bridge (In-person) Thurs. 10:00-12:00 (6-weeks, Limit 12)**

\$ _____ **Nature and Properties of Soil (In-person) Thurs. 1:30-3:30 (6 weeks, Limit 25)**

\$ _____ **Wonderful World of Fungi (Zoom +) Thurs. 4:00-6:00 (5 weeks, Limit 20)**

Checks to PVSC – Total enclosed: \$ _____

Name: _____

Name: _____

Address: _____

Email address: _____

Phone number: _____ Home or Cell (Circle one).

If you are taking an In-person course, are you willing to be a classroom assistant if training is provided?
Yes No (Circle One)

I prefer to receive PVSC information via email or US Mail (circle one).

Feel free to print an additional registration form or indicate with initials who is taking the course.